



Jabatan Pembangunan Kemahiran
Kementerian Sumber Manusia, Malaysia

NATIONAL OCCUPATIONAL SKILLS STANDARD
(*STANDARD KEMAHIRAN PEKERJAAN KEBANGSAAN*)

S960-007-4:2024

AESTHETIC THERAPY

TERAPI ESTETIK

LEVEL 4

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Department of Skills Development (DSD)
Federal Government Administrative Centre
62530 PUTRAJAYA, MALAYSIA

NATIONAL OCCUPATIONAL SKILLS STANDARD

AESTHETIC THERAPY

TERAPI ESTETIK

LEVEL 4

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Preface

Standard Definition

The National Occupational Skills Standard (NOSS) is a Standard document that outlines the **minimum** competencies required by a skilled worker working in Malaysia for a particular area and level of occupational, also the path to achieve the competencies. The competencies are based on the needs of employment, according to the career structure for the occupational area and developed by industry experts and skilled workers.

The National Competency Standard (NCS) is a Standard document that outlines the competencies required by a skilled worker in Malaysia.

Description of Standard Components

The document is divided into three (3) components which includes: -

Component I Standard Practice

This component is about the information related to occupational area including introduction to the industry, Standard requirements, occupational structure, levelling of competency, authority and industry requirements as a whole.

Component II Standard Content

This component is a reference to industry employers in assessing and improving the competencies that is required for a skilled worker. The competencies are specific to the occupational area. The component is divided into two (2) section which are the chart (Competency Profile Chart, CPC) and details of the competencies (Competency Profile, CP).

Component III Curriculum of Competency Unit

This component is a reference for the training personnel to identify training requirements, design the curriculum, and develop assessment. The training hours that included in this component is based on the recommendations by the Standard Development Committee (SDC). If there are modifications to the training hours, the Department provides the medium for discussion and consideration for the matter.

Abbreviation

1	CPD	Continuous Professional Development
2	DSD	Department of Skills Development
3	IPL	Intense Pulsed Light
4	JPS	Standard Development Committee
5	JTPS	Standard Technical Evaluation Committee
6	JTS	Standard Technical Committee
7	MPKK	National Skills Development Council
8	MSD	Malaysian Skills Diploma
9	NOSS	National Occupational Skills Standard
10	RF	Radio Frequency
11	POS	Point of Sales
12	PPE	Personal Protective Equipment
13	SOP	Standard Operating Procedure

Glossary

- 1 Aesthetic A particular theory of what makes something beautiful or interesting with the creation and appreciation of art and beauty.
- 2 Aesthetic Therapy Non-surgical procedures focus on altering cosmetic appearance through the treatment to combat signs of ageing, rejuvenate and refresh skin. It is non-invasive, painless and require no downtime.
- 3 Client's Consent Form A document that your client absolutely MUST sign prior to you performing any treatment / service on her / his face or body. It will indicate that your client understands the risks involved when receiving the treatment. It is a legal document that will be reviewed if a negative outcome is the result of your treatment /service actions.
- 4 Fitzpatrick Scale The Fitzpatrick scale is a classification system used to categorize human skin types based on their reaction to UV radiation. It's typically used in dermatology and cosmetic fields to assess how different skin types respond to sun exposure and various treatments. The scale divides skin into six different types, ranging from Type I (very fair skin that burns easily and never tans) to Type VI (very dark skin that rarely burns and tans easily). This information helps professionals determine appropriate sun protection and skincare recommendations for individuals.
- 5 Glogau scale The Glogau classification system was developed to objectively measure the severity of wrinkles and photoaging (the premature aging of the skin, which is usually caused by too much exposure to ultraviolet rays). This classification system helps practitioners to determine appropriate treatments.
- 6 Non-invasive procedure Based on Ministry of Health in the “Guidelines on Aesthetic Medical Practice”, non- invasive procedure defined as external applications or treatment procedures that are carried out without creating a break in the skin or penetration of the integument. They target the epidermis only. Non-invasive procedures include superficial chemical peels, microdermabrasion and Intense Pulsed Light.
- 7 Radio Frequency Radio Frequency (RF) for skin is a non-invasive cosmetic procedure that uses RF energy to target and stimulate collagen production in the skin. This treatment is often used for skin tightening and wrinkle reduction. It works by delivering controlled RF energy into the deeper layers of the skin, which generates heat and triggers the production of new collagen and elastin fibres. This, in turn, can lead to firmer, smoother skin with reduced signs of ageing. RF for skin can be used on the face, neck, and other body areas, and it's a popular option for those seeking non-surgical skin rejuvenation.
- 8 Sebum Sebum is a sticky, oily substance produced by the sebaceous glands, which sit in the middle layers of the skin, near hair follicles. Sebum helps moisturize and protect the skin. It contains several types of fat molecule, or lipids.

- 9 Treatment The term ‘treatment’ is commonly used to describe the non-medical and procedures performed by beauty practitioners, beauticians, beauty therapists and aestheticians. The term ‘treatment’ is also internationally used and accepted in most beauty procedures based on the standards of the Beauty Examination Boards.
- 10 Ultrasound Cavitation Ultrasound cavitation is a non-invasive cosmetic procedure that uses ultrasound technology to reduce localized fat and cellulite. It works by delivering low-frequency ultrasound waves into the targeted area of the body, which creates tiny bubbles within the fat cells. The pressure from these bubbles causes the fat cells to break down. Once the fat cells are disrupted, the body's natural processes help eliminate the released fat through the lymphatic system. Ultrasound cavitation is often used for body contouring and is considered a non-surgical alternative to liposuction. It's typically used on areas with stubborn fat deposits, such as the abdomen, thighs, and buttocks. This procedure is generally well-tolerated and has minimal downtime, making it a popular choice for those seeking to reduce localized fat without surgery.

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2. Appendix B Element Content Weightage.

Acknowledgement

Director General of Department of Skills Development (DSD) would like to extend his gratitude to the National Skills Development Council (MPKK), Standard Technical Committee (JTS), Standard Technical Evaluation Committee (JTPS), Standard Development Committee (JPS), and organisation and individuals who have been involved directly or indirectly for the contribution, persistence, and support in the development of this Standard until it is completed.

STANDARD PRACTICE
NATIONAL OCCUPATIONAL SKILLS STANDARD (NOSS) FOR:
AESTHETIC THERAPY
LEVEL 4

1. Introduction

Aesthetic therapy encompasses a range of therapies aimed at enhancing an individual's appearance and addressing various concerns related to physical appearance. Aesthetic therapy is a treatment to combat signs of ageing, rejuvenate, and refresh the skin. It is about enhancing natural beauty, which requires minimal downtime. This is essential to enhancing our wellness and natural beauty holistically. Aesthetic therapy focuses on rejuvenating and refreshing the skin on the face and body. Aesthetic treatments are safe, quick, and affordable, with minimal side effects and visible results.

The beauty therapy industry has grown significantly in recent years, driven by advancements in beauty technology and an increasing societal emphasis on personal aesthetics. It is important to note that aesthetic treatments should be approached with careful consideration, and individuals should have realistic expectations about the outcomes. A thorough consultation with a qualified aesthetician is crucial to determining the most suitable treatment options based on an individual's unique needs, medical history, and desired results.

1.1 Occupation Overview

Aesthetic therapy is a branch of beauty and wellness practices. A senior aesthetician will consult with clients to assess their requirements, make informed recommendations and explain services, assist them in selecting appropriate treatments, and ensure their care and satisfaction. The senior aesthetician will ensure treatments are conducted at a commercially acceptable time and maintain knowledge to promote and sell services and retail products. A senior aesthetician will ensure that work areas are clean and tidy, equipment is sanitised, linens are clean at all times, and clients are treated in a courteous and empathetic manner. Their duties include consulting with clients to select an appropriate aesthetic treatment, preparing a sanitary environment before a procedure, and offering treatments such as aesthetic consultation, aesthetic skin renewal, aesthetic figure diagnosis, skin tightening treatment, and body sculpting treatment.

A senior aesthetician should possess abilities and attributes that fulfil the role and responsibilities of a management position to ensure that every area of the department or organisation is functioning efficiently and cohesively. Job tasks include assisting personnel in acquiring beauty salon talents, ensuring compliance with aesthetic statutory and regulatory legislation, and carrying out aesthetic operations efficiently and systematically so that the services recommended to clients will be delivered in the most efficient and economical way. A senior aesthetician's responsibilities include holistically improving the clients' skin and body appearance and consulting on their specific needs.

This document covers the competency standards of aesthetic therapy (Level 4) that are gaining popularity in the beauty industry. There is a high demand for a competent workforce with aesthetic skills as the industry is developing rapidly, and the talent supply is in great demand.

1.2 Rationale of NOSS Development

A revision and update to the National Occupational Skill Standards (NOSS) for MP-060-4:2013 Aesthetic Therapy Supervision Level 4 for the beauty industry was developed as a positive step to ensure that the standards accurately reflect the skills and competencies required for individuals working in this industry. The key improvements that were made to the documents are:

Alignment with Competency Definitions: The new NOSS for Aesthetic Therapy Level 4 is designed to align more closely with the competency level definitions. It emphasises that individuals obtaining certification at this level should be competent in performing complex technical or professional work activities in various contexts with a high degree of personal responsibility and autonomy.

Collaboration with Industry Experts: The standards have been developed by experts, employers, and relevant stakeholders. This collaborative approach ensures that the standards are up-to-date and reflect the current needs of the beauty industry. **Benchmark for Career Progression:** The new NOSS is a benchmark for career progression within the beauty industry. It outlines the skills and knowledge required for individuals to advance in their careers and take on roles with greater responsibility.

Consistency in Training and Certification: By standardising the skills and competencies required, the new NOSS aims to ensure consistency in training, assessment, and certification across the country. This consistency is important for maintaining high-quality education and ensuring certified individuals are well-prepared for their roles.

Overall, the revision of NOSS for Aesthetic Therapy Level 4 demonstrates a commitment to maintaining high standards in the beauty industry and ensuring that individuals in this field are adequately trained and qualified. It reflects the evolving nature of industries and the need to adapt standards to meet changing demands.

NOSS S960-007-4:2024 Aesthetic Therapy Level 4 is to replace the previous NOSS. It shall be used to standardise the skills and competencies required for beauty industry job roles, as a benchmark for career progression, and to ensure consistency in training, assessment, and certification across the country.

Table 1: Competency unit comparison for MP-060-4:2013 Aesthetic Therapy Supervision Level 4 and S960-007-4:2024 Aesthetic Therapy Level 4

NOSS	S960-007-4:2024 AESTHETIC THERAPY						
	COMPETENCY UNIT	*S960-007-4:2024-C01 Perform Aesthetic Consultation	*S960-007-4:2024-C02 Perform Aesthetic Figure Diagnosis	*S960-007-4:2024-C03 Perform Aesthetic Skin Renewal Treatment	*S960-007-4:2024-C04 Perform Aesthetic Facial Electrotherapy	*S960-007-4:2024-C05 Perform Aesthetic Body Electrotherapy	REMARKS
MP-060-4:2013 AESTHETIC THERAPY SUPERVISION	MP-060-4:2013-C01 Aesthetic Legislative Compliances Assurance						Moved to S960-007-5:2024 C04
	MP-060-4:2013-C02 Aesthetic Operational Administration						Moved to S960-007-5:2024 C05
	MP-060-4:2013-C03 Aesthetic Operation Budget Control						Moved to S960-007-5:2024 C06
	MP-060-4:2013-C04 Aesthetic Specialised Therapies	X	X	X	X	X	
	MP-060-4:2013-C05 Aesthetic Human Resources Professional Development						Moved to S960-007-5:2024 C08
	MP-060-4:2013-C06 Aesthetic Business Administration						Moved to S960-007-5:2024 C05
	MP-060-4:2013-C07 Aesthetic Sales and Marketing						Moved to S960-007-5:2024 C07

X = Previous Competency Unit retained/ covered in this NOSS.

* New Competency Unit for this NOSS.

1.3 Rationale of Occupational Structure and Occupational Area Structure

According to the Malaysia Standard Industry Classification (MSIC 2008), aesthetic therapy activities appear to fall under Section S: Other Service Activities, specifically within Group 960: Other Personal Services Activities. This classification aligns with the nature of aesthetic therapy, which involves providing personal services related to beauty and aesthetic treatments aimed at rejuvenating and revitalising the skin on the face and body. Group 960 encompasses a range of personal services, and it is an appropriate classification for businesses and professionals in the beauty and aesthetic therapy industry.

These therapies are typically carried out by trained aesthetic therapists who are not registered healthcare practitioners but have received professional training in these specific modalities. This is how they fit into the aesthetic therapy category within MSIC 2008.

It is important for businesses and individuals in this industry to be aware of the correct classification under MSIC 2008 to ensure compliance with relevant regulations and to facilitate proper reporting and categorization of their activities. This information can also be valuable for statistical and regulatory purposes.

1.4 Regulatory/Statutory Body Requirements Related to Occupation

The occupation of aesthetic therapy in Malaysia in general is subject to the following acts and regulatory requirements:

- a) Department of Skills Development
 - i) National Skills Development Act 2006 (Act 652).
- b) Department of Safety and Health (DOSH)
 - i) Occupational Safety and Health (Act A1648).
- c) Department of Environment
 - i) Environmental Quality Act 1974 [Act 127],
 - Environmental Quality (Scheduled Wastes) Regulation, 2005

1.5 Occupational Prerequisite

The industry's minimum requirement for any interested individual to undertake a job or career in this area is 18 years of age and above (Employment Act 1955 – Act 265).

1.6 General Training Prerequisite for Malaysian Skills Certification System

Having fulfilled the requirements and completed the Malaysian Skills Certificate in S960-002-3:2020 Aesthetic Services.

2. Occupational Structure (OS)

Section	(S) Other Service Activities		
Group	(960) Other Personal Service Activities		
Area	Beauty Therapy	Nail Artistry	Make-up Artistry
Level 5	Beauty Salon Manager	No Job Title	Special Effect Make-up Artist
Level 4	Senior Aesthetician	Nail Artist Manager	Character Make-up Artist
Level 3	Aesthetician	Nail Artist	Creative Make-up Artist
Level 2	Beauty Therapist	No Job Title	Make-up Artist
Level 1	Beautician	No Job Title	No Job Title

Figure 1: Occupational Structure for Beauty Therapy

3. Occupational Area Structure (OAS)

Section	(S) Other Service Activities		
Group	(960) Other Personal Service Activities		
Area	Beauty Therapy	Nail Artistry	Make-up Artistry
Level 5	Aesthetic Salon Management	No Job Title	Special Effect Make-up Artistry
Level 4	Aesthetic Therapy	Nail Artistry Management	Character Make-up Artistry
Level 3	Aesthetic Services	Nail Artistry	Creative Make-up Artistry
Level 2	Beauty Therapy Services	No Job Title	Make-up Artistry
Level 1	Beauty Services	No Job Title	No Job Title

Figure 2: Occupational Area Structure for Beauty Therapy

4. Definition of Competency Levels

The NOSS is developed for various occupational areas. Below is a guideline of each NOSS Level as defined by the Department of Skills Development, Ministry of Human Resources, Malaysia.

- Level 1: Competent in performing a range of varied work activities, most of which are routine and predictable.
- Level 2: Competent in performing a significant range of varied work activities, performed in a variety of contexts. Some of the activities are non-routine and required individual responsibility and autonomy.
- Level 3: Competent in performing a broad range of varied work activities, performed in a variety of contexts, most of which are complex and non-routine. There is considerable responsibility and autonomy and control or guidance of others is often required.
- Level 4: Competent in performing a broad range of complex technical or professional work activities performed in a wide variety of contexts and with a substantial degree of personal responsibility and autonomy. Responsibility for the work of others and allocation of resources is often present.
- Level 5: Competent in applying a significant range of fundamental principles and complex techniques across a wide and often unpredictable variety of contexts. Very substantial personal autonomy and often significant responsibility for the work of others and for the allocation of substantial resources features strongly, as do personal accountabilities for analysis, diagnosis, planning, execution and evaluation.

5. Award of Certificate

The Director General may award, to any person upon conforming to the Standards with the following skills qualifications as stipulated under the National Skills Development Act 2006 (Act 652):

- a) Malaysian Skills Diploma (MSD); or
- b) Statements of Achievement.

6. Occupational Competencies

The Aesthetic Therapy Level 4 personnel are competent in performing the following core competencies:

- a) Perform Aesthetic Consultation;
- b) Perform Aesthetic Figure Diagnosis;
- c) Perform Aesthetic Skin Renewal Treatment;
- d) Perform Aesthetic Facial Electrotherapy; and
- e) Perform Aesthetic Body Electrotherapy.

7. Work Conditions

Aesthetic therapy personnel provide a range of aesthetic treatments aimed at enhancing clients' appearance and boosting their self-confidence. These treatments may include aesthetic procedures for the face and body. They can either specialise in specific treatments or offer general services. A crucial aspect of their role involves collaborating with clients to understand their needs and preferences. This helps in recommending appropriate treatments and ensuring client satisfaction.

Aesthetic therapists can work in various environments, including beauty salons, spas, wellness centres, health farms, aesthetic clinics, and recreational facilities. The choice of work setting may depend on their specialisation and client base. Aesthetic therapy personnel often work in clean and well-ventilated environments to ensure client comfort. They must also prioritise safety and adhere to health and safety regulations when working with chemicals and aesthetic equipment. Aesthetic therapy personnel typically work hours that align with the operating hours of their employer. However, they may also work in shifts or overtime, including evenings and weekends, when beauty salons and spas are busiest. The job may require standing for extended periods, so good health and stamina are important qualities for those in this profession. Complying with statutory and regulatory requirements is essential for the protection of both professionals and clients. Adherence to safety and security procedures is paramount.

It's noteworthy that aesthetic therapy personnel can find employment in various settings, from standalone beauty salons to hotels, cruise lines, and department stores, providing them with diverse career opportunities. Overall, this profession demands a commitment to professionalism, continuous learning, and a dedication to ensuring the well-being and satisfaction of clients. Aesthetic therapy personnel play a significant role in helping individuals feel and look their best while prioritising safety and ethical practises in the aesthetic industry.

8. Employment Prospects

Malaysia has seen significant growth in the beauty and aesthetics industry in recent years. People increasingly seek aesthetic treatments to improve their appearance and boost their confidence. This trend will likely continue, creating a consistent demand for skilled aestheticians. Holding recognised and regulated certifications in aesthetic treatments can enhance employment prospects and credibility in the industry. Here are some key factors to consider regarding employment prospects in this industry:

Aesthetic Centres: Many aesthetic centres operate in major cities across Malaysia. These establishments offer various services, including laser treatments and chemical peels. Senior aestheticians are often in demand to provide these services and supervise junior staff.

Spa and Wellness Industry: Senior aestheticians can also find employment in high-end spas and wellness centres that offer specialised skincare and beauty treatments. These establishments cater to clients seeking relaxation and rejuvenation.

Education and Training: Some senior aestheticians may transition into roles as educators or trainers in beauty and aesthetic schools. Sharing their expertise with aspiring aestheticians can be a fulfilling career path.

Entrepreneurship: Experienced senior aestheticians may choose to start their aesthetic centres or spas. Entrepreneurship in this field can be rewarding but also comes with business management.

Overall, the employment prospects for a senior aesthetician in Malaysia are generally positive, especially for those who are well-trained, experienced, and adaptable to industry trends. As the aesthetic industry continues to evolve, there should be opportunities for career growth and development. Personnel in the aesthetic industry have the potential to explore international job opportunities, given the variations in salary levels and demand for their skills in different countries.

As of May 1, 2022, the Malaysian government has set a minimum monthly wage of RM1,500. This is essential information for personnel working in Malaysia to ensure that they are compensated in compliance with the law.

Senior Aesthetician Salaries: A comparison^{1 2}

Malaysia: According to an independent recruiter agency, Senior aestheticians in Malaysia earn an average gross salary of RM38,351 annually.

Australia: A person working as an Aesthetician in Australia typically earns around 56,181.00 AUD (approximately RM169,793.83).

Singapore: Senior Aesthetician in Singapore earn an average gross salary of 39,736.00SGD (approximately RM136,482.50).

¹ Institute, E. E. R. (n.d.). *Salary Data by Job Title and City - SalaryExpert*. www.salaryexpert.com. <https://www.salaryexpert.com/salary/>

² *Salary Explorer | Salary and Cost of Living Comparison*. (n.d.). www.salaryexplorer.com. <https://www.salaryexplorer.com/>

Thailand: In Thailand, the average gross salary for Senior Aesthetician is 278,911 THB (approximately RM36,700.884) per annum.

Philippines: A person working as Aesthetician in Philippines typically earns around 25,1848.00PHP. (approximately RM20,786.30).

9. Up Skilling Opportunities

Upskilling opportunities for aestheticians in Malaysia can greatly enhance their career prospects and professional growth. Here are some potential avenues for upskilling and advancing in the field of aesthetics:

Advanced Aesthetic Training Programs: Aesthetic therapists can explore advanced training programmes in specific modalities such as advanced laser treatments, chemical peels, or micro needling. These programmes can provide in-depth knowledge and hands-on experience in specialised areas of aesthetics.

Cosmetic Dermatology Courses: Courses in cosmetic dermatology can provide aestheticians with a deeper understanding of skin conditions, advanced treatments, and the use of medical-grade skincare products. This knowledge can be valuable in offering more advanced services.

Communication and Sales Skills Training: Given the importance of good communication skills and persuasiveness in the aesthetics industry, training in effective communication and sales techniques can be beneficial. These skills can help aestheticians educate clients about treatments and products effectively.

Business Management and Leadership Training: Aesthetic therapists interested in advancing into supervisory or managerial roles can benefit from courses in business management, leadership, and team management. These skills are essential for managing aesthetic clinics or spa facilities.

International Certifications: Some aestheticians may consider pursuing international certifications, which can broaden their career opportunities, especially if they plan to work abroad or in internationally recognised aesthetic clinics.

It is important for aestheticians to proactively seek out upskilling opportunities that align with their career goals and interests. Whether they aim to specialise in a particular area of aesthetics or move into leadership positions, continuous learning and skill development are key to success in this field. Additionally, networking within the industry and seeking guidance from experienced professionals can provide valuable insights and support in advancing their careers.

10. Organisation Reference for Sources of Additional Information

The following organisations can be referred to as sources of additional information that can assist in defining the document's contents:

- a) International Therapy Examination Council (iTEC)
Aspire House, Annealing Close,
Eastleigh SO50 9PX,
United Kingdom.
Tel: +44 (0) 23 8068 4500
Website: www.itecworld.co.uk
Email: customersupport@vtct.org.uk.

- b) Comite' International d'Esthetique et de Cosmetologie (CIDESCO)
Waidstrasse 4a,
8037 Zurich,
Switzerland.
Tel: +41444482200
Fax: +41444482201
Website: www.cidesco.com
Email: info@cidesco.com

- c) Confederation of International Beauty Therapy and Cosmetology (CIBTAC)
Ley Court, 18C,
Barnett Way, Barnwood,
Gloucester GL4 3RT,
United Kingdom.
Tel: +44 1452 623114
Website: <https://cibtac.com/>
Email: accreditation@cibtac.com

11. Standard Technical Evaluation Committee

NO	NAME	POSITION & ORGANISATION
CHAIRMAN		
1	Khadijah Binti Isaak	Principal Assistant Director Department of Skills Development
EVALUATION PANEL		
1	Jeannie Tai	Executive Educational Director (Aesthetic & Cosmetology) TMC College
2	Joecess Lim Yi Mei	Education Director Celmonze Aesthetic Academy Sdn Bhd
3	Junaidah Binti Othman	Manager (Skills Consultant) Urus Budaya Academy and Beauty Salon
4	Norulnaha Binti A. Razak	Managing Director Ainaa-Ailaa Group Sdn Bhd
SECRETARIAT		
1	Norliah Binti Samah	Assistant Director Department of Skills Development

12. Standard Development Committee**AESTHETIC THERAPY****LEVEL 4**

NO	NAME	POSITION & ORGANISATION
DEVELOPMENT PANEL		
1	Lilyani Binti Ismail	Beauty Trainer GIATMARA Kepong
2	Ho Yen Mei	Chief Trainer Styling Pavillion Academy
3	Jowie Soo Li Keng	Beauty Trainer JS Beauty Consultancy
4	Maureen Sim Geok Eng	Academy Trainer AC Beauty Lane Sdn Bhd
5	Melanie Yeow Yuek Chu	Chief Executive Officer Styling Pavillion Academy
6	Datin Norsiah Binti Mahadi	Managing Director Norz Beauty House Sdn Bhd Kasih Anana Pro-Skills Institute
7	Sally Pang Sot Lee	Beauty Trainer Beauty Pro Academy Sdn Bhd
8	Salinah Binti Awang Ali	Managing Director Rozsall Beauty Academy
9	Shalina Binti Abdullah	Managing Director Shena Aroma Spa Sdn Bhd Shena Academy Training & Consultany
10	Tan Siow Peng	Beauty Trainer Naby Beauty Therapy Academy
11	Wong Joon Lian	Principal Issamay School of Beauty Sdn Bhd
12	Dasyariwani Sariah Binti Daud	Executive Director Applied Energy Solutions Sdn Bhd
FACILITATOR		
1	Mihyatul Hussnna Binti Mat	CIAST/PPL/FDS-0076/2013 ADIMEGA SDN BHD

STANDARD CONTENT
NATIONAL OCCUPATIONAL SKILLS STANDARD (NOSS) FOR:
AESTHETIC THERAPY
LEVEL 4

13. Competency Profile Chart (CPC)

SECTION	(S) OTHER SERVICE ACTIVITIES		
GROUP	(960) OTHER PERSONAL SERVICE ACTIVITIES		
AREA	BEAUTY THERAPY		
NOSS TITLE	AESTHETIC THERAPY		
NOSS LEVEL	FOUR (4)	NOSS CODE	S960-007-4:2024

←COMPETENCY UNIT→		←WORK ACTIVITIES→			
CORE	PERFORM AESTHETIC CONSULTATION	ANALYSE CLIENT'S CONSULTATION REPORT	ANALYSE SKIN TREATMENT	CONSULT CLIENT'S SKIN TREATMENT RECOMMENDATI ON	
	S960-007-4:2024-C01	S960-007-4:2024- C01-W01	S960-007-4:2024- C01-W02	S960-007-4:2024- C01-W03	
	PERFORM AESTHETIC FIGURE DIAGNOSIS	REVIEW CLIENT'S BODY ANALYSIS REPORT	IDENTIFY BODY TREATMENT	CONSULT CLIENT'S BODY TREATMENT PLAN	
	S960-007-4:2024-C02	S960-007-4:2024- C02-W01	S960-007-4:2024- C02-W02	S960-007-4:2024- C02-W03	

←COMPETENCY UNIT→		←WORK ACTIVITIES→		
CORE	<p style="text-align: center;">PERFORM AESTHETIC SKIN RENEWAL TREATMENT</p>	<p style="text-align: center;">CONDUCT MICRO DERMABRASION TREATMENT</p>	<p style="text-align: center;">CONDUCT SKIN PEELING TREATMENT ACTIVITIES</p>	<p style="text-align: center;">CONDUCT CLIENT'S SKIN RENEWAL POST TREATMENT ADVICE</p>
	S960-007-4:2024-C03	S960-007-4:2024-C03-W01	S960-007-4:2024-C03-W02	S960-007-4:2024-C03-W03
	<p style="text-align: center;">PERFORM AESTHETIC FACIAL ELECTROTHERAPY</p>	<p style="text-align: center;">CONDUCT SKIN TIGHTENING TREATMENT</p>	<p style="text-align: center;">CONDUCT SKIN REJUVENATION TREATMENT</p>	<p style="text-align: center;">CONDUCT SKIN REVITALISING TREATMENT</p>
S960-007-4:2024-C04	S960-007-4:2024-C04-W01	S960-007-4:2024-C04-W02	S960-007-4:2024-C04-W03	
<p style="text-align: center;">PERFORM AESTHETIC BODY ELECTROTHERAPY</p>	<p style="text-align: center;">CONDUCT BODY SCULPTING TREATMENT</p>	<p style="text-align: center;">CONDUCT BODY CONTOURING TREATMENT</p>	<p style="text-align: center;">CONDUCT BODY REVITALISING TREATMENT</p>	
S960-007-4:2024-C05	S960-007-4:2024-C05-W01	S960-007-4:2024-C05-W02	S960-007-4:2024-C05-W03	

14. Competency Profile (CP)

SECTION	(S) Other Service Activities		
GROUP	(960) Other Personal Service Activities		
AREA	Beauty Therapy		
NOSS TITLE	Aesthetic Therapy		
NOSS LEVEL	Four (4)	NOSS CODE	S960-007-4:2024

CU TITLE & CU CODE	Perform Aesthetic Consultation. S960-007-4:2024-C01
CU DESCRIPTOR	<p>Perform Aesthetic Consultation describes the competency of consulting activities for aesthetic treatment, which comprise skin tightening and skin rejuvenation according to treatment requirements.</p> <p>The person who is competent in this CU should be able to analyse the client's consultation report, analyse types of skin treatment, and consult the client's skin treatment recommendation.</p> <p>The outcome of this CU is the skin treatment methodologies, treatment package, and treatment cost recommended.</p>

WORK ACTIVITIES	WORK STEPS	PERFORMANCE CRITERIA
1. Analyse client's consultation report.	1.1 Gather client's consultation report. 1.2 Review client's skin analysis report. 1.3 Determine client's skin conditions.	1.1 Client's consultation report obtained in accordance with consultation Standard Operating Procedure (SOP). 1.2 Fitzpatrick skin type, Glogau photo aging scale, skin elasticity and sebum level interpreted in accordance with consultation SOP. 1.3 Client's skin conditions identified in accordance with skin analysis report.
2. Analyse skin treatment.	2.1 Determine skin treatment. 2.2 Determine skin treatment methodology.	2.1 Types of skin treatment such as skin tightening and skin rejuvenation identified in accordance with skin analysis report. 2.2 Skin treatment methodology selected in accordance with treatment requirements.

WORK ACTIVITIES	WORK STEPS	PERFORMANCE CRITERIA
	2.3 Recommend skin treatment package.	2.3 Skin treatment package proposed in accordance with treatment requirements.
3. Consult client's skin treatment recommendation.	3.1 Explain analysis finding/ result. 3.2 Suggest solution/ recommendation. 3.3 Determine client's treatment package. 3.4 Record treatment protocol. 3.5 Obtain informed consent. 3.6 Consult treatment cost. 3.7 Update client's record.	3.1 Client's skin analysis result recommended in accordance with treatment requirements. 3.2 Treatment solution recommended in accordance with treatment requirements. 3.3 Treatment package selected in accordance with client's requirements. 3.4 Treatment protocol documented in accordance with treatment requirements. 3.5 Client's informed consent signed in accordance with treatment requirements. 3.6 Treatment cost accepted in accordance with treatment package. 3.7 Client's treatment protocol and cost recorded in accordance with beauty salon standard operating procedures.

CU TITLE & CU CODE	Perform Aesthetic Figure Diagnosis. S960-007-4:2024-C02
CU DESCRIPTOR	<p>Perform Aesthetic Figure Diagnosis describes the competency of consulting activities for aesthetic treatment which comprises of body sculpting and body contouring according to treatment requirements.</p> <p>The person who is competent in this CU should be able to review client's body analysis report, identify types of body treatment and consult client's body treatment plan.</p> <p>The outcome of this CU is body treatment methodologies, treatment package and treatment cost recommended in accordance with treatment requirements/SOP.</p>

WORK ACTIVITIES	WORK STEPS	PERFORMANCE CRITERIA
1. Review client's body analysis report.	1.1 Gather client's consultation report. 1.2 Assess client's body analysis report. 1.3 Determine client's body conditions.	1.1 Client's consultation report obtained in accordance with consultation Standard Operating Procedure (SOP). 1.2 Body type, postural fault and body composition interpreted in accordance with consultation SOP. 1.3 Client's body conditions identified in accordance with figure diagnosis report.
2. Identify body treatment.	2.1 Determine body treatment. 2.2 Select body treatment. 2.3 Recommend body treatment package.	2.1 Types of body treatment such as body sculpting and body contouring identified in accordance with figure diagnosis report. 2.2 Body treatment methodology selected in accordance with treatment requirements. 2.3 Body treatment package proposed in accordance with treatment requirements.
3. Consult client's body treatment plan.	3.1 Explain analysis finding/ result. 3.2 Suggest solution/ recommendation.	3.1 Client's body analysis result discussed in accordance with treatment requirements. 3.2 Treatment solution recommended in accordance with treatment requirements. 3.3 Treatment package selected in accordance with client's requirements.

WORK ACTIVITIES	WORK STEPS	PERFORMANCE CRITERIA
	3.3 Confirm client's treatment package. 3.4 Record treatment protocol. 3.5 Obtain informed consent. 3.6 Inform treatment cost.	3.4 Treatment protocol documented in accordance with treatment requirements. 3.5 Client's informed consent signed in accordance with treatment requirements. 3.6 Treatment cost accepted in accordance with treatment package.

CU TITLE & CU CODE	Perform Aesthetic Skin Renewal Treatment. S960-007-4:2024-C03
CU DESCRIPTOR	<p>Perform Aesthetic Skin Renewal Treatment describes the competency of skin peeling activities for aesthetic therapy which comprises of microdermabrasion and non-invasive treatment according to treatment requirements.</p> <p>The person who is competent in this CU should be able to conduct microdermabrasion treatment, conduct skin peeling treatment activities and conduct client's skin renewal post treatment advice.</p> <p>The outcome of this CU is skin peeling treatment methodologies selected, treatment packages recommended and post treatment advice performed.</p>

WORK ACTIVITIES	WORK STEPS	PERFORMANCE CRITERIA
1. Conduct micro dermabrasion treatment.	1.1 Prepare microdermabrasion treatment facility. 1.2 Prepare microdermabrasion treatment equipment. 1.3 Carry out client's microdermabrasion treatment preparation. 1.4 Carry out microdermabrasion treatment protocol. 1.5 Carry out microdermabrasion treatment protective care application. 1.6 Carry out microdermabrasion post treatment advice.	1.1 Microdermabrasion treatment facility checked in accordance with beauty salon SOP. 1.2 Microdermabrasion treatment equipment set up in accordance with manufacturer's instructions. 1.3 Client's microdermabrasion treatment prepared in accordance with beauty salon SOP. 1.4 Microdermabrasion treatment protocol executed in accordance with treatment requirements. 1.5 Microdermabrasion treatment protective care applied in accordance with treatment requirements. 1.6 Microdermabrasion post treatment advice recommended in accordance with treatment requirements.
2. Conduct skin peeling treatment activities.	2.1 Prepare skin peeling treatment facilities.	2.1 Skin peeling treatment facilities checked in accordance with in accordance with beauty salon SOP.

WORK ACTIVITIES	WORK STEPS	PERFORMANCE CRITERIA
	2.2 Prepare skin peeling treatment solution. 2.3 Carry out client's preparation. 2.4 Carry out skin peeling treatment activity. 2.5 Carry out skin peeling treatment protective care application. 2.6 Carry out skin peeling post treatment advice.	2.2 Types of skin peeling solution determined in accordance with treatment requirements. 2.3 Client's prepared in accordance with beauty salon SOP. 2.4 Skin peeling treatment protocol executed in accordance with treatment requirements. 2.5 Skin peeling treatment protective care applied in accordance with treatment requirements. 2.6 Skin peeling post treatment advice recommended in accordance with treatment requirements.
3. Conduct client's skin renewal post treatment advice.	3.1 Review client's consultation record. 3.2 Evaluate skin response. 3.3 Recommend post treatment home care. 3.4 Schedule next appointment. 3.5 Update client's consultation record.	3.1 Client's consultation record updated in accordance with beauty salon SOP. 3.2 Client's skin response identified in accordance with treatment protocol. 3.3 Post treatment home care proposed in accordance with treatment protocol. 3.4 Client's treatment appointment schedule booked in accordance with treatment protocol. 3.5 Client's consultation record reviewed in accordance with beauty salon SOP.

CU TITLE & CU CODE	Perform Aesthetic Facial Electrotherapy. S960-007-4:2024-C04
CU DESCRIPTOR	<p>Perform Aesthetic Facial Electrotherapy describes the competency of skin tightening and rejuvenation for aesthetic therapy which comprises of treatment according to treatment requirements.</p> <p>The person who is competent in this CU should be able to conduct skin tightening treatment, conduct skin rejuvenation treatment, conduct skin revitalising treatment.</p> <p>The outcome of this CU is skin treatment methodologies selected, treatment packages recommended and post treatment advice performed.</p>

WORK ACTIVITIES	WORK STEPS	PERFORMANCE CRITERIA
1. Conduct skin tightening treatment.	1.1 Prepare skin tightening treatment facilities. 1.2 Prepare client's skin tightening treatment equipment. 1.3 Carry out client's skin tightening treatment preparation. 1.4 Carry out skin tightening treatment activity. 1.5 Carry out skin tightening treatment protective care application. 1.6 Carry out skin tightening post treatment advice.	1.1 Skin tightening treatment facility checked in accordance with beauty salon SOP. 1.2 Skin tightening treatment equipment set up in accordance with manufacturer's instructions. 1.3 Client's skin tightening treatment prepared in accordance with treatment protocol. 1.4 Skin tightening treatment protocol executed in accordance with treatment requirements. 1.5 Skin tightening treatment protective care applied in accordance with treatment requirements. 1.6 Skin tightening post treatment advice recommended in accordance with treatment requirements.
2. Conduct skin rejuvenation treatment.	2.1 Prepare skin rejuvenation facilities.	2.1 Skin rejuvenation treatment facility checked in accordance with beauty salon SOP.

WORK ACTIVITIES	WORK STEPS	PERFORMANCE CRITERIA
	2.2 Prepare client's skin rejuvenation treatment equipment. 2.3 Carry out skin rejuvenation treatment preparation. 2.4 Carry out skin rejuvenation activity. 2.5 Carry out skin rejuvenation treatment protective care application. 2.6 Carry out skin rejuvenation post advice.	2.2 Skin rejuvenation treatment equipment set up in accordance with manufacturer's instructions. 2.3 Client's Skin rejuvenation treatment prepared in accordance with treatment protocol. 2.4 Skin rejuvenation treatment protocol executed in accordance with treatment requirements. 2.5 Skin rejuvenation treatment protective care applied in accordance with treatment requirements. 2.6 Skin rejuvenation post treatment advice recommended in accordance with treatment requirements.
3. Conduct skin revitalising treatment.	3.1 Prepare skin revitalising facilities. 3.2 Prepare skin revitalising equipment. 3.3 Carry out client's preparation. 3.4 Carry out skin revitalising treatment activity. 3.5 Carry out protective care application. 3.6 Carry out post treatment advice.	3.1 Skin revitalising facility checked in accordance with beauty salon SOP. 3.2 Skin revitalising technical parameters selected in accordance with manufacturer's instructions. 3.3 Client's treatment prepared in accordance with treatment protocol. 3.4 Skin revitalising treatment protocol executed in accordance with treatment requirements. 3.5 Skin revitalising treatment protective care applied in accordance with treatment requirements. 3.6 Skin revitalising post treatment advice recommended in accordance with treatment requirements.

CU TITLE & CU CODE	Perform Aesthetic Body Electrotherapy. S960-007-4:2024-C05
CU DESCRIPTOR	<p>Perform Aesthetic Body Electrotherapy describes the competency of consulting activities for aesthetic treatment which comprises of body sculpting and body contouring according to treatment requirements.</p> <p>The person who is competent in this CU should be able to conduct body sculpting treatment, conduct body contouring treatment and conduct body revitalising treatment.</p> <p>The outcome of this CU is body sculpting treatment methodologies selected, treatment packages recommended and post treatment advice performed.</p>

WORK ACTIVITIES	WORK STEPS	PERFORMANCE CRITERIA
1 Conduct body sculpting treatment.	1.1 Prepare body sculpting treatment facilities. 1.2 Prepare body sculpting equipment. 1.3 Carry out client's body sculpting treatment preparation. 1.4 Carry out body sculpting treatment activity. 1.5 Carry out body sculpting protective care application. 1.6 Carry out body sculpting post treatment advice.	1.1 Body sculpting treatment facility tidiness and cleanliness checked in accordance with beauty salon SOP. 1.2 Treatment parameters and equipment functionality checked in accordance with manufacturer's instructions. 1.3 Area to be treated cleansed and prepared in accordance with treatment protocol. 1.4 Body sculpting treatment protocol executed in accordance with treatment requirements. 1.5 Body sculpting protective care applied in accordance with treatment requirements. 1.6 Body sculpting post treatment advice recommended in accordance with treatment requirements.
2 Conduct body contouring treatment.	2.1 Prepare body contouring treatment facilities. 2.2 Prepare body contouring treatment equipment.	2.1 Body contouring treatment facility checked in accordance with beauty salon SOP. 2.2 Body contouring treatment equipment set up in accordance with manufacturer's instructions.

WORK ACTIVITIES	WORK STEPS	PERFORMANCE CRITERIA
	2.3 Carry out client's body contouring treatment preparation. 2.4 Carry out body contouring treatment activity. 2.5 Carry out body contouring treatment protective care application. 2.6 Carry out body contouring post treatment advice.	2.3 Client's body contouring treatment prepared in accordance with treatment protocol. 2.4 Body contouring treatment protocol executed in accordance with treatment requirements. 2.5 Body contouring treatment protective care applied in accordance with treatment requirements. 2.6 Body contouring post treatment advice recommended in accordance with treatment requirements.
3 Conduct body revitalising treatment.	3.1 Prepare body revitalising facilities. 3.2 Prepare body revitalising equipment. 3.3 Carry out client's preparation. 3.4 Carry out body revitalising treatment activity. 3.5 Carry out protective care application. 3.6 Carry out post treatment advice.	3.1 Body revitalising facility checked in accordance with beauty salon SOP. 3.2 Body revitalising technical parameters selected in accordance with manufacturer's instructions. 3.3 Client's treatment prepared in accordance with treatment protocol. 3.4 Body revitalising treatment protocol executed in accordance with treatment requirements. 3.5 Body revitalising treatment protective care applied in accordance with treatment requirements. 3.6 Body revitalising post treatment advice recommended in accordance with treatment requirements.

CURRICULUM OF COMPETENCY UNIT
NATIONAL OCCUPATIONAL SKILLS STANDARD (NOSS) FOR:
AESTHETIC THERAPY
LEVEL 4

15. Curriculum of Competency Unit
15.1 Perform Aesthetic Consultation.

SECTION	(S) Other Service Activities		
GROUP	(960) Other Personal Service Activities		
AREA	Beauty Therapy		
NOSS TITLE	Aesthetic Therapy		
COMPETENCY UNIT TITLE	Perform Aesthetic Consultation.		
LEARNING OUTCOMES	<p>The learning outcomes of this competency are to enable the trainees to perform aesthetic consultation inclusive of skin treatment methodologies, treatment package and treatment cost.</p> <p>Upon completion of this competency unit, trainees should be able to:</p> <ol style="list-style-type: none"> 1. Analyse client's consultation report. 2. Analyse skin treatment. 3. Consult client's skin treatment recommendation. 		
TRAINING PREREQUISITE (SPECIFIC)	Not Available.		
CU CODE	S960-007-4:2024-C01	NOSS LEVEL	Four (4)

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
1. Analyse client's consultation report.	1.1 Client's profile. 1.2 Integumentary system which includes (skin and hair). 1.3 Skin conditions such as: <ul style="list-style-type: none"> • Skin types. • Skin abnormalities. 	1.1 Gather client's consultation report. 1.2 Review client's skin analysis report. 1.3 Determine client's skin conditions.	<u>ATTITUDE</u> 1.1 Thoroughly interpret client's skin report. 1.2 Analytical cross-references.	<u>COGNITIVE DOMAIN</u> 1.1 Client's profile explained. 1.2 Integumentary system described. 1.3 Skin condition described. 1.4 Physiology of aging explained.

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	<ul style="list-style-type: none"> • Contraindications. • Fitzpatrick skin. <p>1.4 Physiology of aging which includes Glogau photo aging scale.</p>		<p><u>SAFETY</u></p> <p>1.1 Adhere to Personal Data Protection Act (PDPA).</p> <p>1.2 Adhere to medical referral.</p> <p><u>ENVIRONMENT</u></p> <p>1.1 Private consultation room.</p> <p>1.2 Conducive salon setting.</p>	<p><u>PSYCHOMOTOR DOMAIN</u></p> <p>1.1 Client’s consultation report obtained in accordance with consultation Standard Operating Procedure (SOP).</p> <p>1.2 Fitzpatrick skin type, Glogau photo aging scale, skin elasticity and sebum level interpreted in accordance with consultation SOP.</p> <p>1.3 Client’s skin conditions identified in accordance with skin analysis report.</p> <p><u>AFFECTIVE DOMAIN</u></p> <p>1.1 Thoroughly interpret client’s skin report demonstrated.</p> <p>1.2 Analytical cross-references demonstrated.</p> <p>1.3 Personal Data Protection Act (PDPA) applied.</p> <p>1.4 Medical referral adhered.</p> <p>1.5 Private consultation room adhered.</p> <p>1.6 Conducive salon setting demonstrated.</p>

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
2. Analyse skin treatment.	2.1 Skin aesthetic treatment such as: <ul style="list-style-type: none"> • Skin rejuvenation. • Skin renewal. • Skin tightening. 2.2 Skin treatment methodology such as: <ul style="list-style-type: none"> • Manual. • Machine. 2.3 Treatment package such as: <ul style="list-style-type: none"> • Treatment objective • Treatment plan. • Treatment cost. • Treatment cycle. 	2.1 Determine skin treatment. 2.2 Determine skin treatment methodology. 2.3 Recommend skin treatment package.	<u>ATTITUDE</u> 2.1 Concise in analysing treatment plan. 2.2 Wise in select treatment methodology. 2.3 Analytical cross-references. <u>SAFETY</u> 2.1 Adhere to Personal Data Protection Act (PDPA). 2.2 Adhere to medical referral. <u>ENVIRONMENT</u> 2.1 Private consultation room. 2.2 Conducive salon setting.	<u>COGNITIVE DOMAIN</u> 2.1 Skin aesthetic treatment described. 2.2 Skin treatment methodology explained. 2.3 Skin treatment package explained. <u>PSYCHOMOTOR DOMAIN</u> 2.1 Types of skin treatment such as skin tightening and skin rejuvenation identified in accordance with skin analysis report. 2.2 Skin treatment methodology selected in accordance with treatment requirements. 2.3 Skin treatment package proposed in accordance with treatment requirements. <u>AFFECTIVE DOMAIN</u> 2.1 Concise in analysing treatment plan demonstrated. 2.2 Wise in select treatment methodology demonstrated. 2.3 Analytical cross-references demonstrated.

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
				2.4 Personal Data Protection Act (PDPA) applied. 2.5 Medical referral adhered. 2.6 Private consultation room adhered. 2.7 Conducive salon setting demonstrated.
3. Consult client's skin treatment recommendation.	3.1 Consultation techniques such as: <ul style="list-style-type: none"> • Communication skills. • Interpersonal skills. • Selling skills. • Persuasion skills. • Negotiation skills. 3.2 Client's expectation management such as: <ul style="list-style-type: none"> • Treatment outcome. • Decision making. • Inform consent. 	3.1 Explain analysis finding/ result. 3.2 Suggest solution/ recommendation. 3.3 Determine client's treatment package. 3.4 Record treatment protocol. 3.5 Obtain informed consent. 3.6 Consult treatment cost. 3.7 Update client's record.	<u>ATTITUDE</u> 3.1 Concise in analysing treatment plan. 3.2 Analytical cross-references. <u>SAFETY</u> 3.1 Adhere to Personal Data Protection Act (PDPA). 3.2 Adhere to medical referral. <u>ENVIRONMENT</u> 3.1 Private consultation room. 3.2 Conducive salon setting.	<u>COGNITIVE DOMAIN</u> 3.1 Consultation techniques explained. 3.2 Client's expectation described. <u>PSYCHOMOTOR DOMAIN</u> 3.1 Client's skin analysis result recommended in accordance with treatment requirements. 3.2 Treatment solution recommended in accordance with treatment requirements. 3.3 Treatment package selected in accordance with client's requirements. 3.4 Treatment protocol documented in accordance with treatment requirements. 3.5 Client's informed consent signed in accordance with treatment requirements.

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
				<p>3.6 Treatment cost accepted in accordance with treatment package.</p> <p>3.7 Client's treatment protocol and cost recorded in accordance with beauty salon standard operating procedures.</p> <p><u>AFFECTIVE DOMAIN</u></p> <p>3.1 Concise in analysing treatment plan demonstrated.</p> <p>3.2 Analytical cross-references demonstrated.</p> <p>3.3 Personal Data Protection Act (PDPA) applied.</p> <p>3.4 Medical referral adhered.</p> <p>3.5 Private consultation room adhered.</p> <p>3.6 Conducive salon setting demonstrated.</p>

Employability Skills

Core Abilities

- Please refer NCS- Core Abilities latest edition.

Social Values & Social Skills

- Please refer Handbook on Social Skills and Social Values in Technical Education and Vocational Training.

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15.2 Perform Aesthetic Figure Diagnosis.

SECTION	(S) Other Service Activities		
GROUP	(960) Other Personal Service Activities		
AREA	Beauty Therapy		
NOSS TITLE	Aesthetic Therapy		
COMPETENCY UNIT TITLE	Perform Aesthetic Figure Diagnosis.		
LEARNING OUTCOMES	<p>The learning outcomes of this competency are to enable the trainees to perform aesthetic figure diagnosis comprising of body treatment methodologies, treatment package and treatment cost recommended in accordance with treatment SOP.</p> <p>Upon completion of this competency unit, trainees should be able to:</p> <ol style="list-style-type: none"> 1. Review client's body analysis report. 2. Identify body treatment. 3. Consult client's body treatment plan. 		
TRAINING PREREQUISITE (SPECIFIC)	Not Available.		
CU CODE	S960-007-4:2024-C02	NOSS LEVEL	Four (4)

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
1. Review client's body analysis report.	1.1 Client's body profile which includes lifestyle and medical history. 1.2 Body anatomy and physiology. 1.3 Body condition such as:	1.1 Gather client's consultation report. 1.2 Assess client's body analysis report. 1.3 Determine client's body conditions.	<u>ATTITUDE</u> 1.1 Thoroughly interpret client's body report. 1.2 Analytical cross-references.	<u>COGNITIVE DOMAIN</u> 1.1 Client's body profile explained. 1.2 Body anatomy and physiology explained. 1.3 Body conditions described. 1.4 Contraindications interpreted. <u>PSYCHOMOTOR DOMAIN</u>

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	<ul style="list-style-type: none"> • Body morphology (endomorph, ectomorph, mesomorph) • Postural fault (scoliosis, kyphosis, lordosis) • Fat types (cellulite, hard, soft, adipose) • Body Mass Index (BMI) <p>1.4 Contraindications which include pregnancy, cardiovascular conditions, medical oedema and recent operations.</p>		<p><u>SAFETY</u></p> <p>1.1 Adhere to Personal Data Protection Act (PDPA).</p> <p>1.2 Adhere to medical referral.</p> <p><u>ENVIRONMENT</u></p> <p>1.1 Private consultation room.</p> <p>1.2 Conducive salon setting.</p>	<p>1.1 Client's consultation report obtained in accordance with consultation Standard Operating Procedure (SOP).</p> <p>1.2 Body type, postural fault and body composition interpreted in accordance with consultation SOP.</p> <p>1.3 Client's body conditions identified in accordance with figure diagnosis report.</p> <p><u>AFFECTIVE DOMAIN</u></p> <p>1.1 Thoroughly interpret client's body report demonstrated.</p> <p>1.2 Analytical cross-references demonstrated.</p> <p>1.3 Personal Data Protection Act (PDPA) applied.</p> <p>1.4 Medical referral adhered.</p> <p>1.5 Private consultation room adhered.</p> <p>1.6 Conducive salon setting demonstrated.</p>

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
2. Identify body treatment.	2.1 Body treatment such as: <ul style="list-style-type: none"> • Body sculpting. • Body contouring. • Body hair removal. 2.2 Body treatment methodology which includes Radio Frequency, ultrasound cavitation and IPL. 2.3 Body treatment package such as: <ul style="list-style-type: none"> • Treatment objectives. • Treatment plan. • Treatment cost. 	2.1 Determine types of body treatment. 2.2 Select body treatment. 2.3 Recommend body treatment package.	<u>ATTITUDE</u> 2.1 Concise in analysing treatment plan. 2.2 Analytical cross-references. <u>SAFETY</u> 2.1 Adhere to Personal Data Protection Act (PDPA). 2.2 Adhere to medical referral. <u>ENVIRONMENT</u> 2.1 Private consultation room. 2.2 Conducive salon setting.	<u>COGNITIVE DOMAIN</u> 2.1 Types of body treatment described. 2.2 Body treatment methodology explained. 2.3 Body treatment package explained. <u>PSYCHOMOTOR DOMAIN</u> 2.1 Types of body treatment such as body sculpting and body contouring identified in accordance with figure diagnosis report. 2.2 Body treatment methodology selected in accordance with treatment requirements. 2.3 Body treatment package proposed in accordance with treatment requirements. <u>AFFECTIVE DOMAIN</u> 2.1 Concise in analysing treatment plan demonstrated. 2.2 Analytical cross-references demonstrated. 2.3 Personal Data Protection Act (PDPA) applied.

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
				2.4 Medical referral adhered. 2.5 Private consultation room adhered. 2.6 Conducive salon setting demonstrated.
3. Consult client's body treatment plan.	3.1 Consultation techniques such as: <ul style="list-style-type: none"> • Communication skills. • Interpersonal skills. • Selling skills. • Persuasion skills. • Negotiation skills. 3.2 Client's expectation such as: <ul style="list-style-type: none"> • Treatment outcomes. • Decision making. • Informed consent. 	3.1 Explain analysis finding/ result. 3.2 Suggest solution/ recommendation. 3.3 Confirm client's treatment package. 3.4 Record treatment protocol. 3.5 Obtain informed consent. 3.6 Inform treatment cost.	<u>ATTITUDE</u> 3.1 Concise in analysing treatment plan. 3.2 Analytical cross-references. <u>SAFETY</u> 3.1 Adhere to Personal Data Protection Act (PDPA). 3.2 Adhere to medical referral. <u>ENVIRONMENT</u> 3.1 Private consultation room. 3.2 Conducive salon setting.	<u>COGNITIVE DOMAIN</u> 3.1 Consultation techniques explained. 3.2 Client's expectation described. <u>PSYCHOMOTOR DOMAIN</u> 3.1 Client's body analysis result discussed in accordance with treatment requirements. 3.2 Treatment solution recommended in accordance with treatment requirements. 3.3 Treatment package selected in accordance with client's requirements. 3.4 Treatment protocol documented in accordance with treatment requirements. 3.5 Client's informed consent signed in accordance with treatment requirements.

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
				<p>3.6 Treatment cost accepted in accordance with treatment package.</p> <p><u>AFFECTIVE DOMAIN</u></p> <p>3.1 Concise in analysing treatment plan demonstrated.</p> <p>3.2 Analytical cross-references demonstrated.</p> <p>3.3 Personal Data Protection Act (PDPA) applied.</p> <p>3.4 Medical referral adhered.</p> <p>3.5 Private consultation room adhered.</p> <p>3.6 Conducive salon setting demonstrated.</p>

Employability Skills

Core Abilities

- Please refer NCS- Core Abilities latest edition.

Social Values & Social Skills

- Please refer Handbook on Social Skills and Social Values in Technical Education and Vocational Training.

References for Learning Material Development

- 1 Alberino, T. (2018). *Salon Ownership and Management: The Definitive Guide To The Professional Beauty Business*. This Ugly Beauty Business, Llc.
- 2 Avram, M. R., M, A. M., & Friedman, P. M. (2014, March 20). *Laser and Light Source Treatments for the Skin*. JP Medical Ltd.
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15.3 Perform Aesthetic Skin Renewal Treatment.

SECTION	(S) Other Service Activities		
GROUP	(960) Other Personal Service Activities		
AREA	Beauty Therapy		
NOSS TITLE	Aesthetic Therapy		
COMPETENCY UNIT TITLE	Perform Aesthetic Skin Renewal Treatment.		
LEARNING OUTCOMES	<p>The learning outcomes of this competency are to enable the trainees to perform aesthetic skin renewal treatment inclusive of microdermabrasion and skin peeling treatment methodologies, treatment packages and post treatment advice.</p> <p>Upon completion of this competency unit, trainees should be able to:</p> <ol style="list-style-type: none"> 1. Conduct micro dermabrasion treatment. 2. Conduct skin peeling treatment activities. 3. Conduct client's skin renewal post treatment advice. 		
TRAINING PREREQUISITE (SPECIFIC)	Not Available.		
CU CODE	S960-007-4:2024-C03	NOSS LEVEL	Four (4)

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
1. Conduct micro dermabrasion treatment.	1.1 Microdermabrasion methodologies such as: <ul style="list-style-type: none"> • Techniques (diamond peel, crystal peel and hydra peel). 	1.1 Prepare microdermabrasion treatment facility. 1.2 Prepare microdermabrasion treatment equipment.	<u>ATTITUDE</u> 1.1 Skilful in treatment application. 1.2 Careful in machine operation.	<u>COGNITIVE DOMAIN</u> 1.1 Microdermabrasion methodologies explained. 1.2 Treatment preparation outlined. 1.3 Treatment protocol described. 1.4 Possible contra action explained.

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	<ul style="list-style-type: none"> • Treatment application. <p>1.2 Treatment preparation such as:</p> <ul style="list-style-type: none"> • Equipment. • Medium. • Treatment area. • Client care. • Pre-treatment advice. • Skin sensitivity test. • Test equipment (self, client, skin sensation). <p>1.3 Treatment protocol such as:</p> <ul style="list-style-type: none"> • Parameters setting. • Techniques. • Treatment duration. • pH balancing medium. <p>1.4 Possible contra action such as:</p> <ul style="list-style-type: none"> • Redness. • Swelling. • Oedema. 	<p>1.3 Carry out client's microdermabrasion treatment preparation.</p> <p>1.4 Carry out microdermabrasion treatment protocol.</p> <p>1.5 Carry out microdermabrasion treatment protective care application.</p> <p>1.6 Carry out microdermabrasion post-treatment advice.</p>	<p><u>SAFETY</u></p> <p>1.1 Comply with salon waste disposal procedure.</p> <p>1.2 Adhere to manufacturer's safety precaution.</p> <p>1.3 Wear suitable Respiratory Protective Equipment (RPE)/PPE.</p> <p><u>ENVIRONMENT</u></p> <p>1.1 Private consultation room.</p> <p>1.2 Conducive salon setting.</p>	<p>1.5 Post treatment protocol described.</p> <p><u>PSYCHOMOTOR DOMAIN</u></p> <p>1.1 Microdermabrasion treatment facility checked in accordance with beauty salon SOP.</p> <p>1.2 Microdermabrasion treatment equipment set up in accordance with manufacturer's instructions.</p> <p>1.3 Client's microdermabrasion treatment prepared in accordance with beauty salon SOP.</p> <p>1.4 Microdermabrasion treatment protocol executed in accordance with treatment requirements.</p> <p>1.5 Microdermabrasion treatment protective care applied in accordance with treatment requirements.</p> <p>1.6 Microdermabrasion post treatment advice recommended in accordance with treatment requirements.</p>

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	1.5 Post treatment protocol such as: <ul style="list-style-type: none"> • After care advice. • Home care advice. 			<u>AFFECTIVE DOMAIN</u> <p>1.1 Skilful in treatment application demonstrated.</p> <p>1.2 Careful in machine operation demonstrated.</p> <p>1.3 Salon waste disposal procedure adhered.</p> <p>1.4 Manufacturer's safety precaution demonstrated.</p> <p>1.5 Suitable Respiratory Protective Equipment (RPE)/PPE demonstrated.</p> <p>1.6 Private consultation room adhered.</p> <p>1.7 Conducive salon setting demonstrated.</p>
2. Conduct skin peeling treatment activities.	2.1 pH scale which includes acid and alkaline. 2.2 Skin peeling methodologies such as: <ul style="list-style-type: none"> • Application techniques. • Products (AHA, BHA). 2.3 Peel level such as: <ul style="list-style-type: none"> • Superficial. 	2.1 Prepare skin peeling treatment facilities. 2.2 Prepare skin peeling treatment solution. 2.3 Carry out client's preparation. 2.4 Carry out skin peeling treatment activity. 2.5 Carry out skin peeling treatment	<u>ATTITUDE</u> <p>2.1 Skilful in treatment application.</p> <p>2.2 Attentive to client's response.</p> <p>2.3 Observant to client's skin response.</p>	<u>COGNITIVE DOMAIN</u> <p>2.1 pH scale described.</p> <p>2.2 Skin peeling methodologies explained.</p> <p>2.3 Peel level outlined.</p> <p>2.4 Treatment preparation described.</p> <p>2.5 Treatment protocol outlined.</p> <p>2.6 Possible contra action explained.</p> <p>2.7 Post treatment protocol explained.</p>

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	<ul style="list-style-type: none"> • Medium. • Depth. <p>2.4 Treatment preparation such as:</p> <ul style="list-style-type: none"> • Equipment. • Medium. • Treatment area. • Client's care (skin sensation). • Pre-treatment advice which includes pre-treatment skin preparation. • Skin sensitivity test. • Patch test. • Client's pain threshold level. <p>2.5 Treatment protocol such as:</p> <ul style="list-style-type: none"> • Technique which includes (application, cooling, neutralize, removal). • Treatment which includes duration. 	<p>protective care application.</p> <p>2.6 Carry out skin peeling post treatment advice.</p>	<p><u>SAFETY</u></p> <p>2.1 Adhere to manufacturer's safety precaution.</p> <p>2.2 Wear suitable PPE.</p> <p><u>ENVIRONMENT</u></p> <p>2.1 Conducive salon setting.</p> <p>2.2 Comply to salon waste disposal procedure.</p>	<p><u>PSYCHOMOTOR DOMAIN</u></p> <p>2.1 Skin peeling treatment facilities checked in accordance with beauty salon SOP.</p> <p>2.2 Types of skin peeling solution determined in accordance with treatment requirements.</p> <p>2.3 Client's prepared in accordance with beauty salon SOP.</p> <p>2.4 Skin peeling treatment protocol executed in accordance with treatment requirements.</p> <p>2.5 Skin peeling treatment protective care applied in accordance with treatment requirements.</p> <p>2.6 Skin peeling post treatment advice recommended in accordance with treatment requirements.</p> <p><u>AFFECTIVE DOMAIN</u></p> <p>2.1 Skilful in treatment application demonstrated.</p> <p>2.2 Attentive to client's response demonstrated.</p>

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	2.6 Possible contra action such as: <ul style="list-style-type: none"> • Redness. • Swelling. • Oedema. 2.7 Post treatment protocol such as: <ul style="list-style-type: none"> • After care advice. • Home care advice. 			2.3 Observant to client's skin response demonstrated. 2.4 Manufacturer's safety precaution demonstrated. 2.5 Suitable Respiratory Protective Equipment (RPE)/PPE demonstrated. 2.6 Conducive salon setting demonstrated. 2.7 Comply to salon waste disposal procedure.
3. Conduct client's skin renewal post treatment advice.	3.1 Skin renewal post treatment contra actions such as: <ul style="list-style-type: none"> • Redness. • Swelling. • Oedema. 3.2 Post treatment remedial actions which include cold compress, skin cooling and skin soothing. 3.3 Home care product recommendation which includes sun protection and soothing.	3.1 Review client's consultation record. 3.2 Evaluate skin response. 3.3 Recommend post treatment home care. 3.4 Schedule next appointment. 3.5 Update client's consultation record.	<u>ATTITUDE</u> 3.1 Attentive to client's feedback. <u>SAFETY</u> 3.1 Adhere to Personal Data Protection Act (PDPA). <u>ENVIRONMENT</u> 3.1 Conducive salon setting.	<u>COGNITIVE DOMAIN</u> 3.1 Skin renewal post treatment contra actions explained. 3.2 Post treatment remedial actions explained. 3.3 Home care product recommendation outlined. <u>PSYCHOMOTOR DOMAIN</u> 3.1 Client's consultation record updated in accordance with beauty salon SOP. 3.2 Client's skin response identified in accordance with treatment protocol.

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
				<p>3.3 Post treatment home care proposed in accordance with treatment protocol.</p> <p>3.4 Client's treatment appointment schedule booked in accordance with treatment protocol.</p> <p>3.5 Client's consultation record reviewed in accordance with beauty salon SOP.</p> <p><u>AFFECTIVE DOMAIN</u></p> <p>3.1 Attentive to client's feedback demonstrated.</p> <p>3.2 Personal Data Protection Act (PDPA) adhered.</p> <p>3.3 Conducive salon setting demonstrated.</p>

Employability Skills

Core Abilities

- Please refer NCS- Core Abilities latest edition.

Social Values & Social Skills

- Please refer Handbook on Social Skills and Social Values in Technical Education and Vocational Training.

References for Learning Material Development

- 1 Alberino, T. (2018). *Salon Ownership and Management: The Definitive Guide To The Professional Beauty Business*. This Ugly Beauty Business, Llc.
- 2 Avram, M. R., M, A. M., & Friedman, P. M. (2014, March 20). *Laser and Light Source Treatments for the Skin*. JP Medical Ltd.
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- 9 Kautz, G. (2022, January 1). *Energy for the Skin Effects and Side-Effects of Lasers, Flash Lamps and Other Sources of Energy*. Springer International Publishing.
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15.4 Perform Aesthetic Facial Electrotherapy.

SECTION	(S) Other Service Activities		
GROUP	(960) Other Personal Service Activities		
AREA	Beauty Therapy		
NOSS TITLE	Aesthetic Therapy		
COMPETENCY UNIT TITLE	Perform Aesthetic Facial Electrotherapy.		
LEARNING OUTCOMES	<p>The learning outcomes of this competency are to enable the trainees to perform aesthetic facial electrotherapy inclusive of skin treatment methodologies, treatment packages and post treatment advice in accordance with treatment requirements.</p> <p>Upon completion of this competency unit, trainees should be able to:</p> <ol style="list-style-type: none"> 1. Conduct skin tightening treatment. 2. Conduct skin rejuvenation treatment. 3. Conduct skin revitalising treatment. 		
TRAINING PREREQUISITE (SPECIFIC)	Completed C01 for S960-007-4:2024		
CU CODE	S960-007-4:2024-C04	NOSS LEVEL	Four (4)

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
1. Conduct skin tightening treatment.	1.1 Skin regenerative process such as: <ul style="list-style-type: none"> • Fibroblastic phase. • Collagen synthesis. 1.2 Benefits and visible effects of skin tightening such as:	1.1 Prepare skin tightening treatment facilities. 1.2 Prepare client's skin tightening treatment equipment.	<u>ATTITUDE</u> 1.1 Careful in machine operation. 1.2 Attentive to details.	<u>COGNITIVE DOMAIN</u> 1.1 Skin tightening treatment facilities described. 1.2 Skin tightening equipment described. 1.3 Client's preparation outlined. 1.4 Skin tightening treatment protocol outlined.

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	<ul style="list-style-type: none"> • Reduce wrinkles and fine line. • Reduce acne scarring. • Pores tightening. • Tighten skin. • Improve skin tone. <p>1.3 Types of frequency such as:</p> <ul style="list-style-type: none"> • Monopolar. • Bipolar. • Tripolar. <p>1.4 Skin tightening treatment facilities such as:</p> <ul style="list-style-type: none"> • Work area (ventilation, lighting). <p>1.5 Treatment equipment (Radio Frequency) such as:</p> <ul style="list-style-type: none"> • Treatment tools (brush, facial bowl, spatula). • Treatment material (cotton, tissue, disposable facial towel). 	<p>1.3 Carry out client's treatment preparation.</p> <p>1.4 Carry out skin tightening treatment activity.</p> <p>1.5 Carry out skin tightening treatment protective care application.</p> <p>1.6 Carry out skin tightening post treatment advice.</p>	<p>1.3 Observant to client's response.</p> <p><u>SAFETY</u></p> <p>1.1 Adhere to manufacturer's instructions.</p> <p>1.2 Adhere to beauty salon hygiene practice.</p> <p><u>ENVIRONMENT</u></p> <p>1.1 Conducive salon setting.</p>	<p>1.5 Skin tightening treatment protective care application explained.</p> <p>1.6 Skin tightening post treatment advice explained.</p> <p><u>PSYCHOMOTOR DOMAIN</u></p> <p>1.1 Skin tightening treatment facility checked in accordance with beauty salon SOP.</p> <p>1.2 Skin tightening treatment equipment set up in accordance with manufacturer's instructions.</p> <p>1.3 Client's skin tightening treatment prepared in accordance with treatment protocol.</p> <p>1.4 Skin tightening treatment protocol executed in accordance with treatment requirements.</p> <p>1.5 Skin tightening treatment protective care applied in accordance with treatment requirements.</p> <p>1.6 Skin tightening post treatment advice recommended in accordance with treatment requirements.</p>

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	1.6 Client's preparation which includes therapist and client. 1.7 Skin tightening treatment protocol such as: <ul style="list-style-type: none"> • Treatment medium which includes (gel, cream). • Technique which includes (application, removal). • Treatment duration (skin condition). 1.8 Skin tightening treatment protective care application. 1.9 Skin tightening post treatment advice such as: <ul style="list-style-type: none"> • After care advice. • Home care advice. 			<u>AFFECTIVE DOMAIN</u> 1.1 Careful in machine operation demonstrated. 1.2 Attentive to details demonstrated. 1.3 Observant to client's response demonstrated. 1.4 Manufacturer's instructions adhered. 1.5 Beauty salon hygiene practice adhered. 1.6 Conducive salon setting demonstrated.
2. Conduct skin rejuvenation treatment.	2.1 Benefits and effects of skin rejuvenation treatment such as:	2.1 Prepare skin rejuvenation facilities.	<u>ATTITUDE</u> 2.1 Careful in machine operation.	<u>COGNITIVE DOMAIN</u> 2.1 Skin rejuvenation treatment facilities outlined. 2.2 Treatment equipment outlined.

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	<ul style="list-style-type: none"> • Tightening and lifting. • Wrinkle reduction. <p>2.2 Skin rejuvenation treatment facilities such as:</p> <ul style="list-style-type: none"> • Work area (ventilation, lighting). <p>2.3 Treatment equipment (ultrasound/ ultrasonic skin scrubber) such as:</p> <ul style="list-style-type: none"> • Treatment tools (brush, facial bowl, spatula). • Treatment material (cotton, tissue, disposable facial towel). <p>2.4 Client's preparation which includes therapist and client.</p> <p>2.5 Skin rejuvenation treatment protocol such as:</p> <ul style="list-style-type: none"> • Treatment medium which includes 	<p>2.2 Prepare client's skin rejuvenation treatment equipment.</p> <p>2.3 Carry out skin rejuvenation treatment preparation.</p> <p>2.4 Carry out skin rejuvenation activity.</p> <p>2.5 Carry out skin rejuvenation treatment protective care application.</p> <p>2.6 Carry out skin rejuvenation post advice.</p>	<p>2.2 Attentive to details.</p> <p>2.3 Observant to client's response.</p> <p><u>SAFETY</u></p> <p>2.1 Adhere to manufacturer's instructions.</p> <p>2.2 Adhere to beauty salon hygiene practice.</p> <p><u>ENVIRONMENT</u></p> <p>2.1 Conducive salon setting.</p>	<p>2.3 Client's preparation described.</p> <p>2.4 Skin rejuvenation treatment protocol outlined.</p> <p>2.5 Skin rejuvenation treatment protective care application explained.</p> <p>2.6 Skin rejuvenation post treatment advice explained.</p> <p><u>PSYCHOMOTOR DOMAIN</u></p> <p>2.1 Skin rejuvenation treatment facility checked in accordance with beauty salon SOP.</p> <p>2.2 Skin rejuvenation treatment equipment set up in accordance with manufacturer's instructions.</p> <p>2.3 Client's Skin rejuvenation treatment prepared in accordance with treatment protocol.</p> <p>2.4 Skin rejuvenation treatment protocol executed in accordance with treatment requirements.</p> <p>2.5 Skin rejuvenation treatment protective care applied in accordance with treatment requirements.</p>

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	<p>(gel, serum, ampoules).</p> <ul style="list-style-type: none"> • Application technique (spiral, clover, directional). • Treatment duration (skin condition). <p>2.6 Skin rejuvenation treatment protective care application.</p> <p>2.7 Skin rejuvenation post treatment advice such as:</p> <ul style="list-style-type: none"> • After care advice. • Home care advice. 			<p>2.6 Skin rejuvenation post treatment advice recommended in accordance with treatment requirements.</p> <p><u>AFFECTIVE DOMAIN</u></p> <p>2.1 Careful in machine operation demonstrated.</p> <p>2.2 Attentive to details demonstrated.</p> <p>2.3 Observant to client's response demonstrated.</p> <p>2.4 Manufacturer's instructions adhered.</p> <p>2.5 Beauty salon hygiene practice adhered.</p> <p>2.6 Conducive salon setting demonstrated.</p>
3. Conduct skin revitalising treatment.	<p>3.1 Skin revitalising procedure which includes mesotherapy and electroporation.</p> <p>3.2 Work area which includes ventilation and lighting.</p> <p>3.3 Treatment equipment which includes mesotherapy/</p>	<p>3.1 Prepare skin revitalising facilities.</p> <p>3.2 Prepare skin revitalising equipment.</p> <p>3.3 Carry out client's preparation.</p>	<p><u>ATTITUDE</u></p> <p>3.1 Careful in machine operation.</p> <p>3.2 Attentive to details.</p> <p>3.3 Observant to client's response.</p>	<p><u>COGNITIVE DOMAIN</u></p> <p>3.1 Skin revitalising treatment facilities described.</p> <p>3.2 Treatment work area explained.</p> <p>3.3 Skin revitalising treatment equipment described.</p> <p>3.4 Skin revitalising treatment tools outlined.</p> <p>3.5 Skin revitalising treatment material outlined.</p>

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	<p>electroporation device.</p> <p>3.4 Treatment tools which include disposable mesotherapy cartridge, brush, facial bowl and spatula.</p> <p>3.5 Treatment materials which include cotton, tissue and disposable facial towel.</p> <p>3.6 Client's preparation (for therapist and client) such as:</p> <ul style="list-style-type: none"> • Pre-treatment which includes (hydration treatment). • Skin preparation which includes (saline solution). • Photograph which includes (before & after) • Contra indication which includes (skin disease, sunburn, cuts and abrasion, loss of 	<p>3.4 Carry out skin revitalising treatment activity.</p> <p>3.5 Carry out protective care application.</p> <p>3.6 Carry out post treatment advice.</p>	<p><u>SAFETY</u></p> <p>3.1 Adhere to manufacturer's instructions.</p> <p>3.2 Adhere to beauty salon hygiene practice.</p> <p><u>ENVIRONMENT</u></p> <p>3.1 Conducive salon setting.</p>	<p>3.6 Client's preparation explained.</p> <p>3.7 Briefing procedure explained.</p> <p>3.8 Skin revitalising treatment protocol described.</p> <p>3.9 Skin revitalising treatment protective care explained.</p> <p>3.10 Skin revitalising post treatment advice explained.</p> <p><u>PSYCHOMOTOR DOMAIN</u></p> <p>3.1 Skin revitalising facility checked in accordance with beauty salon SOP.</p> <p>3.2 Skin revitalising technical parameters selected in accordance with manufacturer's instructions.</p> <p>3.3 Client's treatment prepared in accordance with treatment protocol.</p> <p>3.4 Skin revitalising treatment protocol executed in accordance with treatment requirements.</p> <p>3.5 Skin revitalising treatment protective care applied in accordance with treatment requirements.</p>

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	<p>skin sensitivity, medical oedema, bell's palsy, skin allergies).</p> <p>3.7 Briefing procedures such as:</p> <ul style="list-style-type: none"> • Sensation. • Expectation. • Possible contra action which includes (swelling, bruises, severe redness). <p>3.8 Skin revitalising treatment protocol which includes application techniques (speed, dosage and duration).</p> <p>3.9 Skin revitalising treatment protective care application which includes sun protection and hydration protection.</p> <p>3.10 Skin revitalising post treatment advice such as:</p> <ul style="list-style-type: none"> • After care advice. 			<p>3.6 Skin revitalising post treatment advice recommended in accordance with treatment requirements.</p> <p><u>AFFECTIVE DOMAIN</u></p> <p>3.1 Careful in machine operation demonstrated.</p> <p>3.2 Attentive to details demonstrated.</p> <p>3.3 Observant to client's response demonstrated.</p> <p>3.4 Manufacturer's instructions adhered.</p> <p>3.5 Beauty salon hygiene practice adhered.</p> <p>3.6 Conducive salon setting demonstrated.</p>

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	<ul style="list-style-type: none">• Home care advice.			

Employability Skills

Core Abilities

- Please refer NCS- Core Abilities latest edition.

Social Values & Social Skills

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References for Learning Material Development

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15.5 Perform Aesthetic Body Electrotherapy.

SECTION	(S) Other Service Activities		
GROUP	(960) Other Personal Service Activities		
AREA	Beauty Therapy		
NOSS TITLE	Aesthetic Therapy		
COMPETENCY UNIT TITLE	Perform Aesthetic Body Electrotherapy.		
LEARNING OUTCOMES	<p>The learning outcomes of this competency are to enable the trainees to perform aesthetic body electrotherapy methodologies, treatment procedures and post treatment advice.</p> <p>Upon completion of this competency unit, trainees should be able to:</p> <ol style="list-style-type: none"> 1. Conduct body sculpting treatment. 2. Conduct body contouring treatment. 3. Conduct body revitalising treatment. 		
TRAINING PREREQUISITE (SPECIFIC)	Completed C02 for S960-007-4:2024		
CU CODE	S960-007-4:2024-C05	NOSS LEVEL	Four (4)

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
1. Conduct body sculpting treatment.	1.1 Benefits and effects of body sculpting such as: <ul style="list-style-type: none"> • Breakdown fat. • Spot fat reduction. • Detoxification. • Reduce cellulite appearance. • Lift and tone skin. 	1.1 Prepare body sculpting treatment facilities. 1.2 Prepare body sculpting equipment. 1.3 Carry out client's preparation.	<u>ATTITUDE</u> 1.1 Attentive to details. 1.2 Observant to client's response.	<u>COGNITIVE DOMAIN</u> 1.1 Body sculpting treatment facilities described. 1.2 Body sculpting equipment outlined. 1.3 Client's preparation explained. 1.4 Body sculpting treatment activity outlined.

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	<p>1.2 Ultrasonic waves such as:</p> <ul style="list-style-type: none"> • Pulse Wave (PW). • Continuous Wave (CW). <p>1.3 Body sculpting treatment facilities such as:</p> <ul style="list-style-type: none"> • Work area (ventilation, lighting, private room). • Treatment tools (brush, hot towel, spatula). • Treatment materials (cotton, tissue, disposable bed sheet). • Treatment mediums (ultrasound gel). <p>1.4 Treatment equipment such as:</p> <ul style="list-style-type: none"> • Set up procedure which includes (ultrasound cavitation). 	<p>1.4 Carry out body sculpting treatment activity.</p> <p>1.5 Carry out body sculpting protective care application.</p> <p>1.6 Carry out body sculpting post treatment advice.</p>	<p><u>SAFETY</u></p> <p>1.1 Adhere to manufacturer's instructions.</p> <p>1.2 Adhere to beauty salon hygiene practice.</p> <p><u>ENVIRONMENT</u></p> <p>1.1 Conducive salon setting.</p> <p>1.2 Private consultation room.</p>	<p>1.5 Body sculpting protective care application explained.</p> <p>1.6 Body sculpting post treatment advice explained.</p> <p><u>PSYCHOMOTOR DOMAIN</u></p> <p>1.1 Body sculpting treatment facility tidiness and cleanliness checked in accordance with beauty salon SOP.</p> <p>1.2 Treatment parameters and equipment functionality checked in accordance with manufacturer's instructions.</p> <p>1.3 Area to be treated cleansed and prepared in accordance with treatment protocol.</p> <p>1.4 Body sculpting treatment protocol executed in accordance with treatment requirements.</p> <p>1.5 Body sculpting protective care applied in accordance with treatment requirements.</p> <p>1.6 Body sculpting post treatment advice recommended in accordance with treatment requirements.</p>

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	<ul style="list-style-type: none"> • Functionality test. <p>1.5 Client's preparation Which includes clean area to be treated and client's modesty.</p> <p>1.6 Body sculpting treatment protocol such as:</p> <ul style="list-style-type: none"> • Parameters which include (frequency, intensity). • Technique which includes (application, removal). • Treatment duration which includes body condition. <p>1.7 Body sculpting treatment protective care application which includes body lotion and cream.</p> <p>1.8 Body sculpting post treatment advice such as:</p> <ul style="list-style-type: none"> • After care advice. • Home care advice. 			<p><u>AFFECTIVE DOMAIN</u></p> <p>1.1 Attentive to details demonstrated.</p> <p>1.2 Observant to client's response demonstrated.</p> <p>1.3 Manufacturer's instructions adhered.</p> <p>1.4 Beauty salon hygiene practice adhered.</p> <p>1.5 Conducive salon setting demonstrated.</p> <p>1.6 Private consultation room demonstrated.</p>

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
2. Conduct body contouring treatment.	2.1 Benefits and effects of body contouring such as: <ul style="list-style-type: none"> • Lift and tone skin. • Skin tightening. • Cellulite reduction. 2.2 Radio frequency such as: <ul style="list-style-type: none"> • Wavelength. • Frequency (monopolar, bipolar, tripolar). • Intensity. 2.3 Body contouring treatment facilities such as: <ul style="list-style-type: none"> • Work area (ventilation, lighting, private room). • Treatment tools (brush, hot towel, spatula). • Treatment materials (cotton, tissue, disposable bed sheet). 	2.1 Prepare body contouring treatment facilities. 2.2 Prepare body contouring treatment equipment. 2.3 Carry out client's body contouring treatment preparation. 2.4 Carry out body contouring treatment activity. 2.5 Carry out body contouring treatment protective care application. 2.6 Carry out body contouring post treatment advice.	<u>ATTITUDE</u> 2.1 Attentive to details. 2.2 Observant to client's response. <u>SAFETY</u> 2.1 Adhere to manufacturer's instructions. 2.2 Adhere to beauty salon hygiene practice. <u>ENVIRONMENT</u> 2.1 Conducive salon setting. 2.2 Private consultation room.	<u>COGNITIVE DOMAIN</u> 2.1 Body contouring treatment facilities described. 2.2 Body contouring treatment equipment outlined. 2.3 Client's preparation explained. 2.4 Body contouring treatment activity outlined. 2.5 Body contouring treatment protective care application explained. 2.6 Body contouring post treatment advice explained. <u>PSYCHOMOTOR DOMAIN</u> 2.1 Body contouring treatment facility checked in accordance with beauty salon SOP. 2.2 Body contouring treatment equipment set up in accordance with manufacturer's instructions. 2.3 Client's body contouring treatment prepared in accordance with treatment protocol. 2.4 Body contouring treatment protocol executed in accordance with treatment requirements.

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	<ul style="list-style-type: none"> • Treatment mediums (RF gel/cream). <p>2.4 Treatment equipment such as:</p> <ul style="list-style-type: none"> • Set up procedures. • Functionality test. <p>2.5 Client's preparation which includes cleanse area to be treated and client's modesty.</p> <p>2.6 Body contouring treatment protocol such as:</p> <ul style="list-style-type: none"> • Parameters which include (frequency, intensity). • Techniques which include (application, removal). • Treatment duration which includes body condition. <p>2.7 Body contouring treatment protective care application which</p>			<p>2.5 Body contouring treatment protective care applied in accordance with treatment requirements.</p> <p>2.6 Body contouring post treatment advice recommended in accordance with treatment requirements.</p> <p><u>AFFECTIVE DOMAIN</u></p> <p>2.1 Attentive to details demonstrated.</p> <p>2.2 Observant to client's response demonstrated.</p> <p>2.3 Manufacturer's instructions adhered.</p> <p>2.4 Beauty salon hygiene practice adhered.</p> <p>2.5 Conducive salon setting demonstrated.</p> <p>2.6 Private consultation room demonstrated.</p>

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	includes lotion or cream. 2.8 Body contouring post treatment advice such as: <ul style="list-style-type: none"> • After care advice. • Home care advice. 			
3. Conduct body revitalising treatment.	3.1 Benefits and effects of body revitalising such as: <ul style="list-style-type: none"> • Reduce stretch marks appearance. • Improve skin texture. • Cellulite reduction. 3.2 Body revitalising procedure which includes mesotherapy and electroporation. 3.3 Work area which includes ventilation and lighting. 3.4 Treatment equipment which includes mesotherapy or electroporation device.	3.1 Prepare body revitalising facilities. 3.2 Prepare body revitalising equipment. 3.3 Carry out client's preparation. 3.4 Carry out body revitalising treatment activity. 3.5 Carry out protective care application. 3.6 Carry out post treatment advice.	<u>ATTITUDE</u> 3.1 Attentive to details. 3.2 Observant to client's response. <u>SAFETY</u> 3.1 Adhere to manufacturer's instructions. 3.2 Adhere to beauty salon hygiene practice. <u>ENVIRONMENT</u> 3.1 Conducive salon setting. 3.2 Private consultation room.	<u>COGNITIVE DOMAIN</u> 3.1 Body revitalising treatment facilities described. 3.2 Body revitalising treatment equipment outlined. 3.3 Client's preparation explained. 3.4 Body revitalising treatment activity outlined. 3.5 Body revitalising treatment protective care application explained. 3.6 Body revitalising post treatment advice explained. <u>PSYCHOMOTOR DOMAIN</u> 3.1 Body revitalising facility checked in accordance with beauty salon SOP. 3.2 Body revitalising technical parameters selected in

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	<p>3.5 Treatment tools which include disposable mesotherapy cartridge, brush, facial bowl and spatula.</p> <p>3.6 Treatment material which includes cotton, tissue, and disposable facial towels.</p> <p>3.7 Client's preparation (therapist, client) such as:</p> <ul style="list-style-type: none"> • Pre-treatment (hydration treatment). • Skin preparation (saline solution). • Photograph (before & after). • Contra indication (skin disease, sunburn, cuts and abrasion, loss of skin sensitivity, medical oedema, skin allergies). <p>3.8 Briefing procedure such as:</p>			<p>accordance with manufacturer's instructions.</p> <p>3.3 Client's treatment prepared in accordance with treatment protocol.</p> <p>3.4 Body revitalising treatment protocol executed in accordance with treatment requirements.</p> <p>3.5 Body revitalising treatment protective care applied in accordance with treatment requirements.</p> <p>3.6 Body revitalising post treatment advice recommended in accordance with treatment requirements.</p> <p><u>AFFECTIVE DOMAIN</u></p> <p>3.1 Attentive to details demonstrated.</p> <p>3.2 Observant to client's response demonstrated.</p> <p>3.3 Manufacturer's instructions adhered.</p> <p>3.4 Beauty salon hygiene practice adhered.</p> <p>3.5 Conducive salon setting demonstrated.</p>

WORK ACTIVITIES	RELATED KNOWLEDGE	RELATED SKILLS	ATTITUDE/ SAFETY/ ENVIRONMENT	ASSESSMENT CRITERIA
	<ul style="list-style-type: none"> • Sensation. • Expectation. • Possible contra action (swelling, contusion, redness). <p>3.9 Body revitalising treatment protocol such as:</p> <ul style="list-style-type: none"> • Application Techniques (speed, dosage, duration). <p>3.10 Body revitalising treatment protective care application which includes body lotion/cream and hydration protection.</p> <p>3.11 Body revitalising post treatment advice such as:</p> <ul style="list-style-type: none"> • After care advice. • Home care advice. 			3.6 Private consultation room demonstrated.

Employability Skills

Core Abilities

- Please refer NCS- Core Abilities latest edition.

Social Values & Social Skills

- Please refer Handbook on Social Skills and Social Values in Technical Education and Vocational Training.

References for Learning Material Development

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16. Delivery Mode

The following are the **recommended** training delivery modes: -

KNOWLEDGE	SKILL
<ul style="list-style-type: none"> • Lecture • Group discussion • E-learning, self-paced • E-learning, facilitate • Case study or Problem based learning (PBL) • Self-paced learning, non-electronic • One-on-one tutorial • Shop talk • Seminar 	<ul style="list-style-type: none"> • Demonstration • Simulation • Project • Scenario based training (SBT) • Role play • Coaching • Observation • Mentoring

Skills training and skills assessment of trainees should be implemented in accordance with TEM requirements and actual situation.

17. Tools, Equipment and Materials (TEM)

AESTHETIC THERAPY

LEVEL 4

CU	CU CODE	COMPETENCY UNIT TITLE
C01	S960-007-4:2024-C01	Perform Aesthetic Consultation.
C02	S960-007-4:2024-C02	Perform Aesthetic Figure Diagnosis.
C03	S960-007-4:2024-C03	Perform Aesthetic Skin Renewal Treatment.
C04	S960-007-4:2024-C04	Perform Aesthetic Facial Electrotherapy.
C05	S960-007-4:2024-C05	Perform Aesthetic Body Electrotherapy.

* Items listed refer to TEM's **minimum requirement** for skills delivery only.

NO.	ITEM*	RATIO (TEM : Trainees or AR = As Required)				
		C01	C02	C03	C04	C05
A. Tools						
1	Body brush				1:1	1:1
2	Clinical waste bin (lined)			1:25	1:25	1:25
3	Facial bowl			1:1	1:1	1:1
4	Facial brush			1:1	1:1	1:1
5	Hair band/shower cap			1:1	1:1	1:1
6	Mask Bowl			1:1	1:1	1:1
7	Plastic spatula			1:1	1:1	1:1
8	Protective attire (facial gown/bathrobe)			1:1	1:1	1:1
9	Scissor			1:1	1:1	1:1
10	Sharps / yellow bin (for sharp item)			1:25	1:25	1:25
11	Small bowl (medium)			1:1	1:1	1:1
12	Towels (large)			2:1	2:1	2:1
13	Towels (small)			4:1	4:1	4:1

NO.	ITEM*	RATIO (TEM : Trainees or AR = As Required)				
		C01	C02	C03	C04	C05
14	Waste bin (lined)			1:1	1:1	1:1
B. Equipment						
1	Beauty Bed/Couch			1:1	1:1	1:1
2	Beauty stool			1:2	1:1	1:1
3	Beauty trolley			1:2	1:1	1:1
4	Hand mirror			1:1	1:1	1:1
5	Hot towel cabinet			1:25	1:25	1:25
6	Magnifying Lamp			1:5	1:5	
7	Measuring tape		1:1			
8	Mesotherapy/electroporation				1:25	1:25
9	Microdermabrasion /hydra peel/diamond peel**			1:25		
10	Radio Frequency Machine**				1:25	1:25
11	Skin Analysis Equipment (Skin Scanner/Wood Lamp/Skin Scope)	1:25				
12	Ultrasound Cavitation machine**					1:25
13	Ultrasound Machine/ultrasonic scrubber**				1:25	
14	UV Cabinet / Autoclave			1:25	1:25	1:25
15	Weighing scale (electronic BMI scale)		1:25			
C. Materials						
1	Ampoules/serum			1:1	1:1	1:1
2	Appointment book/record	1:1	1:1	1:1	1:1	1:1
3	BMI index chart		1:25			
4	Body cleanser		1:1			
5	Client Consent Form	1:1	1:1	1:1	1:1	1:1
6	Consultation Form/Card	1:1	1:1	1:1	1:1	1:1
7	Cotton wools			1:1	1:1	1:1
8	Disposable apron					1:1
9	Disposable face mask	1:1	1:1	1:1	1:1	1:1

NO.	ITEM*	RATIO (TEM : Trainees or AR = As Required)				
		C01	C02	C03	C04	C05
10	Disposable gloves			1:1	1:1	1:1
11	Disposable mesotherapy cartridge				1:1	1:1
12	Disposable protective bed sheet			1:1	1:1	1:1
13	Disposable wooden spatula			1:1	1:1	1:1
14	Electrotherapy medium (conductive gel/RF cream)			1:1	1:1	1:1
15	Eye Makeup Remover	1:1				
16	Facial tissues			1:1	1:1	1:1
17	Hand sanitiser	1:1	1:1	1:1	1:1	1:1
18	Makeup remover	1:1				
19	Moisturizer (emulsion/lotion/cream/gel)			1:1	1:1	1:1
20	Peeling medium			1:1		
21	Saline water				1:1	1:1
22	Skin cleanser	1:1				
23	Skin Toner	1:1				
24	Soothing product (cooling gel/pad/mask/cold compress)			1:1	1:1	1:1
25	Stationeries (pen/calculator/clipboard)	1:1	1:1	1:1	1:1	1:1
26	Surgical Spirit	1:1	1:1	1:1	1:1	1:1

** The equipment utilised must be legally authorised by Ministry of Health.

18. Competency Weightage

The following table shows the percentage of training priorities based on consensus made by the Standard Development Committee (SDC).

AESTHETIC THERAPY

LEVEL 4

CU CODE	COMPETENCY UNIT TITLE	COMPETENCY UNIT WEIGHTAGE	WORK ACTIVITIES	WORK ACTIVITIES WEIGHTAGE
S960-007-4:2024-C01	Perform Aesthetic Consultation.	5%	1. Analyse client's consultation report.	20%
			2. Analyse skin treatment.	50%
			3. Consult client's skin treatment recommendation.	30%
S960-007-4:2024-C02	Perform Aesthetic Figure Diagnosis.	5%	1. Review client's body analysis report.	20%
			2. Identify body treatment.	50%
			3. Consult client's body treatment plan.	30%
S960-007-4:2024-C03	Perform Aesthetic Skin Renewal Treatment.	25%	1. Conduct micro dermabrasion treatment.	40%
			2. Conduct skin peeling treatment activities.	40%
			3. Conduct client's skin renewal post treatment advice.	20%
S960-007-4:2024-C04	Perform Aesthetic Facial Electrotherapy.	35%	1. Conduct skin tightening treatment.	35%
			2. Conduct skin rejuvenation treatment.	30%

CU CODE	COMPETENCY UNIT TITLE	COMPETENCY UNIT WEIGHTAGE	WORK ACTIVITIES	WORK ACTIVITIES WEIGHTAGE
			3. Conduct skin revitalising treatment.	35%
S960-007-4:2024-C05	Perform Aesthetic Body Electrotherapy.	30%	1. Conduct body sculpting treatment.	35%
			2. Conduct body contouring treatment.	30%
			3. Conduct body revitalising treatment.	35%
TOTAL PERCENTAGE (CORE COMPETENCY)		100%		

APPENDICES
NATIONAL OCCUPATIONAL SKILLS STANDARD (NOSS) FOR:
AESTHETIC THERAPY
LEVEL 4

19. Appendices

19.1 Appendix A: Competency Profile Chart For Teaching & Learning (CPC_{PdP})

i. CU to CU_{PdP} Correlation

SECTION	(S) OTHER SERVICE ACTIVITIES		
GROUP	(960) OTHER PERSONAL SERVICE ACTIVITIES		
AREA	BEAUTY THERAPY		
NOSS TITLE	AESTHETIC THERAPY		
NOSS LEVEL	FOUR (4)	NOSS CODE	S960-007-4:2024

CU CODE	CU TITLE	CU _{PdP} TITLE For Teaching & Learning
S960-007-4:2024-C01	PERFORM AESTHETIC CONSULTATION	AESTHETIC CONSULTATION
S960-007-4:2024-C02	PERFORM AESTHETIC FIGURE DIAGNOSIS	AESTHETIC FIGURE DIAGNOSIS
S960-007-4:2024-C03	PERFORM AESTHETIC SKIN RENEWAL TREATMENT	AESTHETIC SKIN RENEWAL TREATMENT
S960-007-4:2024-C04	PERFORM AESTHETIC FACIAL ELECTROTHERAPY	AESTHETIC FACIAL ELECTROTHERAPY
S960-007-4:2024-C05	PERFORM AESTHETIC BODY ELECTROTHERAPY	AESTHETIC BODY ELECTROTHERAPY

ii. Competency Profile Chart for Teaching & Learning (CPC_{PdP})

SECTION	(S) OTHER SERVICE ACTIVITIES		
GROUP	(960) OTHER PERSONAL SERVICE ACTIVITIES		
AREA	BEAUTY THERAPY		
NOSS TITLE	AESTHETIC THERAPY		
NOSS LEVEL	FOUR (4)	NOSS CODE	S960-007-4:2024

←COMPETENCY UNIT→		←WORK ACTIVITIES→			
CORE	AESTHETIC CONSULTATION	ANALYSE CLIENT'S CONSULTATION REPORT	ANALYSE SKIN TREATMENT	CONSULT CLIENT'S SKIN TREATMENT RECOMMENDATION	
	S960-007-4:2024-C01	S960-007-4:2024-C01-W01	S960-007-4:2024-C01-W02	S960-007-4:2024-C01-W03	
	AESTHETIC FIGURE DIAGNOSIS	REVIEW CLIENT'S BODY ANALYSIS REPORT	IDENTIFY BODY TREATMENT	CONSULT CLIENT'S BODY TREATMENT PLAN	
	S960-007-4:2024-C02	S960-007-4:2024-C02-W01	S960-007-4:2024-C02-W02	S960-007-4:2024-C02-W03	

←COMPETENCY UNIT→		←WORK ACTIVITIES→		
CORE	AESTHETIC SKIN RENEWAL TREATMENT	CONDUCT MICRO DERMABRASION TREATMENT	CONDUCT SKIN PEELING TREATMENT ACTIVITIES.	CONDUCT CLIENT'S SKIN RENEWAL POST TREATMENT ADVICE.
	S960-007-4:2024-C03	S960-007-4:2024-C03-W01	S960-007-4:2024-C03-W02	S960-007-4:2024-C03-W03
	AESTHETIC FACIAL ELECTROTHERAPY	CONDUCT SKIN TIGHTENING TREATMENT	CONDUCT SKIN REJUVENATION TREATMENT	CONDUCT SKIN REVITALISING TREATMENT
S960-007-4:2024-C04	S960-007-4:2024-C04-W01	S960-007-4:2024-C04-W02	S960-007-4:2024-C04-W03	
AESTHETIC BODY ELECTROTHERAPY	CONDUCT BODY SCULPTING TREATMENT	CONDUCT BODY CONTOURING TREATMENT	CONDUCT BODY REVITALISING TREATMENT	
S960-007-4:2024-C05	S960-007-4:2024-C05-W01	S960-007-4:2024-C05-W02	S960-007-4:2024-C05-W03	

Notes:

CPC_{PdP} is meant to be used in Teaching and Learning context which is generated by conversion of the action verb in the CU Title to a noun in the CU_{PdP} Title from the given CPC sets.

19.2 Appendix B: Element Content Weightage

OSH - OCCUPATIONAL SAFETY AND HEALTH
SD - SUSTAINABLE DEVELOPMENT
M&A - MANAGEMENT AND ADMINISTRATION
IT - INDUSTRY TECHNOLOGICAL ADVANCES

AESTHETIC THERAPY LEVEL 4

CU CODE	CU TITLE	ELEMENT CONTENT WEIGHTAGE			
		OSH	SD	M&A	IT
S960-007-4:2024-C01	Perform Aesthetic Consultation	10%	10%	10%	10%
S960-007-4:2024-C02	Perform Aesthetic Figure Diagnosis	15%	15%	15%	15%
S960-007-4:2024-C03	Perform Aesthetic Skin Renewal Treatment	25%	25%	25%	25%
S960-007-4:2024-C04	Perform Aesthetic Facial Electrotherapy	25%	25%	25%	25%

CU CODE	CU TITLE	ELEMENT CONTENT WEIGHTAGE			
		OSH	SD	M&A	IT
S960-007-4:2024-C05	Perform Aesthetic Body Electrotherapy	25%	25%	25%	25%
TOTAL ELEMENT CONTENT WEIGHTAGE		100%	100%	100%	100%
NOTES		High percentage in C03, C04 and C05 is due to safety and it involves machine usage/ application. The lowest percentage in C01 is due to the fact that mainly administrative functions are involved.	High percentage in C03, C04 and C05 is due to safety and it involves machine usage/ application. The lowest percentage in C01 is due to the fact that mainly administrative functions are involved.	High percentage in C03, C04 and C05 is due to safety and it involves machine usage/ application. The lowest percentage in C01 is due to the fact that mainly administrative functions are involved.	High percentage in C03, C04 and C05 is due to safety and it involves machine usage/ application. The lowest percentage in C01 is due to the fact that mainly administrative functions are involved.